



GET READY FOR  
NORTHUMBRIA

**NU**

**NORTHUMBRIA UNIVERSITY  
COMING TO STUDY 2013/14**



[www.northumbria.ac.uk](http://www.northumbria.ac.uk)

# Northumbria IT

As a Northumbria student you'll benefit from our outstanding IT facilities such as specialist IT labs and brand new Open Access IT areas.

Online course information can be found on our eLearning Portal (Blackboard) and you'll be provided with a University email address and secure online storage space for your files.

Make sure to have a look at MyNorthumbria, your personalised student homepage, to help keep track of many aspects of your university life including your timetable and library loans.

Northumbria IT facilities are available when you need them. During term time a number of Open Access areas are available 24/7. There are also informal areas, including internet and learning cafés. Free WiFi is available in all student areas on campus and you can connect with your own devices including laptops, smartphones, tablets and more, or you can borrow a loan laptop for use in the libraries.



Our Northumbria App has an abundance of information on Northumbria and is free to download from the Apple Store, Android Market and Blackberry App World.

## desktop ANYWHERE

Remote access to your files and emails is available via desktop ANYWHERE and you can send documents to print on campus from home or via your own laptop or smartphone. Use a web browser to access your files and University software from potentially anywhere in the world.

## Supported 24/7

You can access IT help at Northumbria in whatever way suits you best – by phone, online, chat or meet face-to-face. The best bit is our IT Helpline and online help are available 24 hours, 365 days a year, so you'll never be left without support.

## KnowHow

Use KnowHow, our online helpline service, to find out everything you need to know about IT@Northumbria. You can search for information, log your own requests and track their progress, open a chat session and check service announcements which are also available on facebook.

## Discover more

 [www.northumbria.ac.uk/knowhow](http://www.northumbria.ac.uk/knowhow)



[www.facebook.com/NorthumbriaIT](http://www.facebook.com/NorthumbriaIT)



[www.twitter.com/NorthumbriaIT](http://www.twitter.com/NorthumbriaIT)



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# Before you come to the UK

Congratulations on your offer of a place at Northumbria. You should now begin your practical preparations well in advance of your journey to the UK. Please take a look at the next section and ensure you have arranged the following:

## Your course

Accept your place on your course using the reply slip sent with your offer letter. For further information about your course, please contact the relevant Faculty, as listed at the end of this section.

## Your finances

Ensure that your finances are in order and that you have enough money to cover fees and living expenses. You should begin arrangements for transferring money to the UK as early as possible, especially if your country restricts the amount of money it allows out of the country.

## Accommodation

It is important that you arrange and confirm your accommodation before you arrive in the UK. Please see page 8 for further details.

## Funding your studies

You may be able to get help to fund your studies through a scholarship or grant from your government or other organisation. These tend to be in high demand, so you should submit any appropriate applications as early as possible before your course is due to begin.



The British Council provides excellent information and advice on the many sources of funding available, including an online database to help you search for appropriate scholarships and awards.

Please see 'Important contacts' on page 7 for the British Council information on sources of funding. You must ensure that you are able to fund your studies before you arrive in the UK.

If you have applied for a scholarship, please ensure that your application has been successful before joining your course at Northumbria. Please note that as an international student you are not eligible to apply for student loans in the UK.

## UK Immigration - Applying for your visa (Entry Clearance)

The UK has a Points Based System (PBS) which is used to assess non-EEA/EU/Swiss Nationals' eligibility to work or study in the UK. The PBS consists of five different categories and all new students wishing to come to the UK are required to apply for entry clearance under Tier 4 before travelling, unless their course is less than six months long and they are applying for a Student Visitor Visa (see below).

### How will PBS affect my Entry Clearance/visa application?

If you are applying outside the UK for entry clearance as a student, you will require a Confirmation of Acceptance for Studies (CAS). This unique reference number will be emailed to you directly once you have formally accepted a place at Northumbria University, paid your deposit and met all of the conditions of your offer. The letter will contain specific information such as date of birth, passport number, programme details, fees and any payments you have made. It will also include the list of qualification documents or evidence used to assess your suitability for your chosen programme at Northumbria University. When you apply for your entry clearance you must include the original of all supporting documents listed (or certified copies). Without these, your visa application could be refused.

When your visa is issued, it will be for the purpose of studying at Northumbria, and will show the University's Sponsor Licence Number. Should you wish to study at an alternative institution, either before you travel or after you have arrived in the UK, you would be required to apply for a new visa for the institution concerned before you would be allowed to enrol there.

### What type of student visa do I need?

If you are 17 years old or above and are intending to study for a full-time postgraduate or undergraduate degree programme or any other eligible academic or training programme at Northumbria University which is six months or longer, or a pre-sessional programme leading onto any of the aforementioned programmes, you must apply for a Tier 4 (General) Student Visa.

Pre-sessional programmes include English Language, Foundation and bridging programmes which are compulsory before admission onto the full-time academic programme.

### How do I obtain my CAS?

You will automatically be issued with your CAS once you have met all of your academic conditions, paid your deposit and submitted a signed Offer Acceptance Form. You will also receive an official receipt for all tuition fees paid to Northumbria University.

You cannot apply for a visa earlier than three months before your course starts and the earliest a visa can start is one month before the course start date.

- If your course lasts six months or more, or it is a pre-sessional course to prepare you for study, you can come to the UK up to one month before your course start date.
- If your course lasts less than six months and is not a course to prepare you for study, you can come to the UK up to seven days before your course start date.

You must apply for your entry clearance within six months of the date of issue stated on the CAS. After this time it will no longer be valid and you will have to request another CAS from Northumbria University.

### Important information

If you enter the UK on a student visa and do not enrol at your chosen institution you will be in breach of your immigration status.

Under the Points Based System, Northumbria University will be obliged to report to the Home Office any student who obtains entry clearance to study one of our programmes but does not enrol at the start of the semester specified. Students who suspend their studies or who fail to attend their classes for significant periods will also be reported to the Home Office. This includes students who are excluded for non-payment of fees.

### What if I am a Study Abroad or Exchange student?

If you are coming to the UK to study at Northumbria University on a Study Abroad or Exchange programme as part of your degree from an overseas institution, and you will be studying in the UK for six months or more, you must apply for entry clearance to enter the UK on a Tier 4 (General) Student Visa. You will receive a CAS which you will need to submit with your entry clearance application.

If you are coming to the UK to study at Northumbria University on a Study Abroad or Exchange programme as part of your degree from an overseas institution and your course at Northumbria does not involve any work placement and the period of time that you will be studying is less than six months, you will normally receive a Letter of Acceptance (Unconditional) which can be used to apply for entry clearance as a Student Visitor. If you would rather apply for a Tier 4 (General) Student Visa you should contact the Partnerships Team at the International Office and request the CAS or email [er.study-abroad@northumbria.ac.uk](mailto:er.study-abroad@northumbria.ac.uk).



Please note that there are restrictions on opening a bank account if your course is less than six months, regardless of your visa type.

The Student Visitor Visa differs from a Tier 4 (General) Student Visa in that:

- you will be able to stay in the UK for a maximum of six months, at the end of which you must return home; the six months limit relates to the total duration of your stay in the UK, not only the duration of your course.
- you will NOT be allowed to extend your visa beyond six months, or switch into an alternative visa category while you are still in the UK.
- you will NOT be allowed to undertake any paid work or unpaid work or work placement while in the UK.
- you must be at least 18 years old.
- you do not need a CAS for a Student Visitor Visa, just a Letter of Acceptance (Unconditional)

# Your journey to the UK

As soon as you have a place on your course, you have obtained your entry clearance (visa) and you have confirmed accommodation, you should arrange your flight to the UK.

## **You should buy a ticket to Newcastle International Airport.**

Please aim to arrive during the University's Meet and Greet programme. Meet and Greet runs from 6 – 22 September 2013 and offers new international students assistance at Newcastle International Airport and free transport to their accommodation.

Meet and Greet must be booked online at least three days before your arrival. Please see 'Important contacts' on page 7 for the registration form. There will also be an EU and International Induction Programme for new international students on 12 September 2013. This is a valuable opportunity to make new friends and find out more about life in the UK.

Your place on the EU and International Induction must also be booked online. There will also be a half-day introduction on 16 October for late arrivals. Please see 'Important contacts' on page 7 for booking information.

## **Your luggage**

Be realistic about what you need to pack! Excess luggage charges can be expensive. You should consider taking out travel insurance in case your luggage is lost or damaged.

Pack warm, waterproof clothes in preparation for the unpredictable UK climate. Ensure you attach luggage labels with your contact details in the UK to each piece of luggage. Do not be tempted to pack meat and fish from home, as it is illegal to bring these into the UK from outside the EU.

**COUNTRY:** ROMANIA  
**COURSE:** WEB DESIGN AND DEVELOPMENT

“The first week at Northumbria was very good as it was more of an induction, giving me the opportunity to meet course mates and tutors.”



# Departure checklist

Now you are ready for departure, make sure you have arranged the following:

- Entry clearance (visa) as a Tier 4 (General) Student or a Student Visitor Visa
- Accommodation in Newcastle
- Finances – remember to bring a small amount of cash with you, but keep it safe!
- Meet and Greet pick up at Newcastle international Airport
- Book your place on EU and International Induction
- Travel insurance to cover lost luggage
- ID from your home country bearing your home address

## In your luggage...

- Your entry documents into the UK (passport, bank statements, offer letter) in your hand luggage
- A small amount of sterling in your hand luggage
- Please label your luggage clearly with your name and accommodation address in Newcastle
- Do not bring raw foodstuffs from home





# Important contacts and information

## Admissions

**Questions about your course and your offer:**

**Email:** [internationaladmissions@northumbria.ac.uk](mailto:internationaladmissions@northumbria.ac.uk) **Fax:** +44 191 243 7850

## Faculty phone numbers

**Arts, Design and Social Sciences** +44 191 227 3451 or +44 191 227 4913

**Business and Law** +44 191 227 4494 or +44 191 227 3322

**Engineering and Environment** +44 191 227 4722 or +44 191 227 4342

**Health and Life Sciences** +44 191 215 6178 or +44 191 227 3571

## Other useful phone numbers

**International Office** +44 191 227 4274

**Multifaith Chaplaincy** +44 191 227 4127

**Students' Union** +44 191 227 4757

## Useful websites

**Pre-arrival guidance for Northumbria University students**

**Studying in the UK and Scholarships** [www.britishcouncil.org](http://www.britishcouncil.org) [www.ukcisa.org](http://www.ukcisa.org)

**Entry clearance (visas) for students** [www.ukvisas.gov.uk](http://www.ukvisas.gov.uk)

**Newcastle International Airport** [www.newcastleairport.com](http://www.newcastleairport.com)

**Accommodation in Newcastle** [www.northumbria.ac.uk/brochure/facilities/acc/](http://www.northumbria.ac.uk/brochure/facilities/acc/)

## Useful information

**Meet and Greet** 6 – 22 September 2013

**Booking form (essential)** [www.northumbria.ac.uk/sd/central/stud\\_serv/sws/greetandinduct/](http://www.northumbria.ac.uk/sd/central/stud_serv/sws/greetandinduct/)

**EU and International Induction** 12 September 2013

**Booking form (essential)** [www.northumbria.ac.uk/induction](http://www.northumbria.ac.uk/induction)

Please note: 44 is the country code for the UK. If you are dialling from inside the UK simply miss off the country code and dial a 0 (zero) in front of 191.

## Emergency telephone numbers

**(Ambulance, Fire and Police) 999**

The person answering will ask you which service you require and assist you from there.



# Your accommodation

Need somewhere to live? Both our campuses have their own student accommodation – and with over 35,000 students in Newcastle upon Tyne, plenty of private accommodation is available in and around the city.

Northumbria University can house most new UK undergraduates from outside the local area as well as new overseas students who require accommodation and apply in good time. For more information please look online at: [www.northumbria.ac.uk](http://www.northumbria.ac.uk)

University residences provide a great environment for UK and overseas students to mix. Students have a unique opportunity to develop culturally as well as academically, as there are students from around the world living in our residences, for example from China, Malaysia, Thailand, India, and North America, as well as European countries such as France, Germany, Spain and Greece.

Victoria Hall



Northumbria offers a range of accommodation, some of which is managed by the University and some of which is managed by private landlords in partnership with the University.

All accommodation is close to or within easy travelling distance of the University. Alternatively, if you prefer to find your own accommodation, there are various options close by, from upmarket Jesmond, with a wide range of bars and eateries, to the less expensive but equally popular Heaton and Sandyford. There are also lots of flats and flat shares available in the city centre and less expensive lets in many other parts of Newcastle. Prices range from approximately £2,600 to £4,680 per year.

The Accommodation Office will offer advice and assistance wherever possible.

A detailed guide to flat finding, which is updated annually, is available on the University website. We can help you find a home without going round the houses.

**For more information look online at: [www.northumbria.ac.uk](http://www.northumbria.ac.uk) or email [rc.accommodation@northumbria.ac.uk](mailto:rc.accommodation@northumbria.ac.uk)  
Tel: +44 (0)191 227 4209**



For a closer look at our student accommodation follow the link to the 360 degree campus and check out how Ashvin, Poppy and Harriet enjoyed their first few days in residences. All can be found on our homepage at [www.northumbria.ac.uk](http://www.northumbria.ac.uk) and also at [www.youtube.com/northumbriauni](http://www.youtube.com/northumbriauni)

We have a range of University accommodation:

### City en suite rooms

Over 70% of University accommodation is en suite, with a variety of accommodation available close to the City Campus, and within a short distance of the Students' Union, Sport Central and Newcastle's vibrant social scene.

There are single occupancy study bedrooms with a private shower, toilet and wash basin in shared flats and self-contained studios, with some accommodation available for couples.

This category includes both University-managed residences and private partner residences, and is offered on a self-catered basis.

### City rooms

The University also offers accommodation where you'll have your own bedroom but will share bathroom and kitchen facilities with others. This accommodation is just a short distance from the University – some are even based in the heart of our City Campus.



### Catered rooms

Right on the City Campus, with a room in Claude Gibb you'll get two meals a day during term time, so there is no need to worry about cooking. This residence has single study bedrooms with shared kitchen and bathroom facilities.

Winn Studios

## Coach Lane Campus rooms

If you are studying at Coach Lane and want to live on campus, Rothbury is ideal. This residence has single study bedrooms with shared kitchen and bathroom facilities.

## Private landlord self-catered rooms

Newcastle is well supplied with private sector accommodation if you prefer this option. These rooms are owned by private landlords and you can make your own arrangements directly with the landlord or agency. The Accommodation Office offers a private sector advice service for Northumbria students or check out NU:LETS at the Students' Union.

**For more information look online at: [www.northumbria.ac.uk](http://www.northumbria.ac.uk) or email [rc.accommodation@northumbria.ac.uk](mailto:rc.accommodation@northumbria.ac.uk) Tel: +44 (0)191 227 4209**



## Angeline Salim

**COUNTRY:** INDONESIA  
**COURSE:** INTERNATIONAL BUSINESS MANAGEMENT

“ I lived in University accommodation in my first year. I was in Quay Point. I liked it; I felt very safe. ”

# Your journey to Newcastle

The easiest way to reach Newcastle is by air, and if you fly in to Newcastle International Airport you can use Northumbria's free Meet and Greet Service. A word of caution - if you are flying into London first then on to Newcastle, make sure your onward flight to Newcastle leaves from the same London airport that you arrived into!



## Meet and Greet

Northumbria University offers a free Meet and Greet service from 6 – 22 September 2013.

During those dates, staff will be on hand at Newcastle International Airport from 08.00 – 23.00.

Please arrange your flight to arrive within these times if you wish to use the service. Booking details are available in the 'Important contacts' section on page 21. Look out for the Meet and Greet officers wearing Meet and Greet T-shirts

Remember that Meet and Greet is only available from Newcastle International Airport.

If you do travel to Newcastle by train, you will need to depart from King's Cross Station in London. Trains to Newcastle are quite frequent, but can be crowded and expensive, especially on a Friday. Please see details in the 'Important contacts' section on page 21.



## Coffee bars

- Do you want to relax after your long journey and make new friends from other countries?
- Do you want to taste local food and drink for free?
- Do you want to know more about life at Northumbria University and life in Newcastle?

If you answered yes, then our coffee bars are the ideal place for you to go. Coffee bars are part of the Meet and Greet programme and are staffed by students who will serve you refreshments in a friendly, informal setting.

### Time and venues of the coffee bars:

6,9,10 and 11 September  
17.00 – 20.00  
Students' Union Base

**Please come and join us!**

## Meet and Greet

### 6 - 22 September 2013

Every day from 08.00 - 23.00 University staff will be at Newcastle International Airport to meet all new EU and international students. If you wish to use the service you should arrange your journey so you arrive during these times. Look out for the Northumbria University staff wearing the Meet and Greet uniforms.



They provide:

- assistance with luggage
- free transport to accommodation
- free coffee bars at City Campus where you can meet other new students

#### How to book Meet and Greet

**You can only book Meet and Greet online. Please complete the booking form in full at [www.northumbria.ac.uk/meetandgreet](http://www.northumbria.ac.uk/meetandgreet)**

You should arrange your transport to arrive in Newcastle within these dates and times. Please let us know when you are coming and advise the Accommodation Service if you will be living in University Halls. Look out for the Meet and Greet officers wearing Meet and Greet T-shirts. If you need to travel before or after these dates, please refer to our website for information on how to get to the University.

**Don't forget to book your place on EU and International Induction at [www.northumbria.ac.uk/sd/central/stud\\_serv/sws/greetandinduct/](http://www.northumbria.ac.uk/sd/central/stud_serv/sws/greetandinduct/)**



Newcastle International Airport



# Induction for EU and International students

## 12 September 2013



To help you make the best possible start to your life as a student, a special programme has been arranged for you. This will give you the information you need to make the most of your time here and will ensure you know where to go for assistance and support.

**The Welcome Desk will be open from 09.00 on 12 September.**

**Book your place at [www.northumbria.ac.uk/sd/central/stud\\_serv/sws/greetandinduct/](http://www.northumbria.ac.uk/sd/central/stud_serv/sws/greetandinduct/)**

### **Programme of Events**

- International Student Support
- Healthcare in the UK
- Library and IT
- Students' Union and societies
- Bank accounts
- Police registration
- Information on medical services
- Campus tours
- City tours
- Coffee bars
- Welcome party!
- Meet (UK and current) International Students
- International quiz

# Esosa Oliha

**COUNTRY:**

NIGERIA

**COURSE:**

BUSINESS  
INFORMATION  
SYSTEMS  
MANAGEMENT

“My favourite thing about Newcastle is the architecture. It has a small town feel about it, though it’s a big city.”



# Your arrival in the UK

## At the airport

At passport control you will need to show your passport with your entry clearance (visa), printed details of your offer, including your CAS and possibly bank statements.

Please ensure that these documents are in your hand luggage. You should explain to the Immigration Officer on duty that you are entering the UK to study and show him/her the above documents as evidence of this.

Allow plenty of time for onward connections as there are often queues at Passport Control.



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## Medical clearance

On arrival in the UK, the Immigration Officer may request that you undergo a medical examination and chest x-ray. This is a formality and nothing to get too concerned about.

TB screening: students applying for a visa of more than six months who come from the countries listed on the Home Office website must first obtain a health certificate stating

they are free from infectious TB. This must be arranged and paid for by the applicant. Please contact your nearest British Embassy or High Commission for information on how to do this.

For a list of countries where medical clearance will apply please visit: [www.ukba.homeoffice.gov.uk/sitecontent/newsarticles/2012/may/42-tb-test](http://www.ukba.homeoffice.gov.uk/sitecontent/newsarticles/2012/may/42-tb-test)

# Your arrival in Newcastle

You should ideally have already arranged your accommodation before you arrive. If, for whatever reason, that has not been possible, Meet and Greet staff will either take you to the Accommodation Office (Monday to Thursday 09.00 - 17.00 and Friday 09.00 - 16.30) or if outside of office hours, to a suitable hotel in Newcastle which you should pay for yourself.



Meet and Greet staff will advise you how to make further arrangements with the Accommodation Office during office hours.

## Your first few days

If you arrive through Meet and Greet you will receive a Welcome Pack, with useful information to help you through your first 48 hours in Newcastle. You will also receive a free SIM card to put in your mobile phone so you can call home. Please ensure you let your family and friends know you have arrived safely by calling them as soon as you arrive.

## EU and International Induction

You will find out much more about Northumbria University and Newcastle at the EU and International Induction.

The EU and International Induction will be held on 12 September 2013, so you should try to arrive in Newcastle in time to attend. You must book your place on the International Induction by September 2012. For further information and how to book, please see the 'Important contacts' section on page 21.

The Welcome Desk will be open on 12 September 2013 from 09.00 at City Campus East.

## Enrolling on your course

International students will be able to enrol on their course on 13 September from 10.00 –16.00 in City Campus East, building 1, floor 1. Students arriving after these dates should refer to their Faculty for further instruction.

## Paying your fees

On enrolment, you will be asked either to pay your full fees for the year or a proportion of your fees with a signed agreement promising to pay the remainder of your fees in three instalments.

## Opening a bank account

You should open a bank account when you arrive in the UK. This may be a time-consuming process but there are steps you can take to help you to ease the process.

Please ensure you have the following when you visit the bank:

- Evidence of your identity (normally your passport).
- Confirmation of your overseas and your UK address (please note: PO Box address or agents' addresses are not acceptable).
- A letter from your Faculty, confirming that you are enrolled as a student at Northumbria University. Please note: you may only get a bank letter from your Faculty after you have enrolled. You should ensure you have sufficient cash to allow for any delays in setting up your bank account.

## Insuring your possessions

You are strongly advised to insure your possessions. Laptops, mobile telephones and other valuables may be expensive to replace if they are lost or stolen.



## Registering with the Police

The wording in your visa will tell you whether or not you have to register with the Police. Currently, nationals of the following countries or territories are required to register with the Police:

Afghanistan, Algeria, Argentina, Armenia, Azerbaijan, Bahrain, Belarus, Bolivia, Brazil, China, Colombia, Cuba, Egypt, Georgia, Iran, Iraq, Israel, Jordan, Kazakhstan, Kyrgyzstan, Kuwait, Lebanon, Libya, Moldova, Morocco, North Korea, Oman, Palestine, Peru, Qatar, Russia, Saudi Arabia, Sudan, Syria, Tajikistan, Tunisia, Turkey, Turkmenistan, UAE, Ukraine, Uzbekistan, Yemen.

If you need to register you will be able to make an appointment at a special session during the EU and International Induction on 12 September.

For further details please ask at the EU and International Induction Welcome Desk which will be open from 09.00.

## Extending your student visa

It is possible that you will need to stay in Britain for longer than the visa issued to you, so you may need to extend this period. This is normally quite a simple matter, but it is also a very important one and you must take the necessary action before your permission expires. Consult the Welfare and International Support team who will be happy to tell you what you need to do.

For information on how to renew your visa please go to [www.northumbria.ac.uk/sd/central/stud\\_serv/int\\_adviser](http://www.northumbria.ac.uk/sd/central/stud_serv/int_adviser)



# Things to remember

- Attend the EU and International Induction on 12 September 2013.
- Do not forget to register with the Police if you are required to do so.
- Contact your family as soon as possible to let them know that you have arrived safely.
- Bring some written evidence of your overseas address to assist with opening a bank account.
- You may not be able to access some University services or open a bank account until you have enrolled.



## Important contacts and information

### Heathrow Airport

[www.baa.co.uk/main/airports/heathrow/](http://www.baa.co.uk/main/airports/heathrow/)

### London Transport

[www.tfl.gov.uk/tfl/](http://www.tfl.gov.uk/tfl/)

### Trains in the UK

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)

### Meet and Greet

**6 – 22 September 2013**

[www.northumbria.ac.uk/meetandgreet](http://www.northumbria.ac.uk/meetandgreet)

### EU and International Induction

**12 September 2013**

[www.northumbria.ac.uk/induction](http://www.northumbria.ac.uk/induction)

### Opening a bank account

[www.bba.org.uk/pdf/40746.pdf](http://www.bba.org.uk/pdf/40746.pdf)

### Insuring your possessions

[www.endsleigh.co.uk/](http://www.endsleigh.co.uk/)

### Information for international students

[www.ukcisa.org.uk](http://www.ukcisa.org.uk)

# Day-to-day in the UK

## Your healthcare

It is important that you register with a doctor (sometimes called a General Practitioner or GP) as soon as possible after your arrival in Newcastle. You can get a list of GPs at the International Induction or from Student Support and Wellbeing.

If you are coming to the UK for a course of six months or more, you will not have to pay for your medical treatment under the National Health Service (NHS). You may have to pay for medicines prescribed by your GP or hospital. You may also have to pay for dental treatment and visits to an optician.

Private treatment is also available, but may be expensive. To find out more about the health service in the UK, please visit the National Health Service website and the UKCISA website under 'Important contacts' on page 28.

## Meningitis

Whilst in the UK, you should be aware of a medical condition called meningitis. It is a rare, but serious, illness caused by inflammation of the lining of the brain and can occur among young people.

Whilst you should not be too concerned about meningitis, you should take the precaution of familiarising yourself with the most common symptoms. Further information on meningitis and its symptoms will be given at the International Induction.

For more information, please go to the Meningitis Trust website listed in 'Important contacts'.







## Working in the UK

### Part-time work

You will be allowed to work part-time whilst studying in the UK providing you have the correct visa. You should check what your visa says about this before you come to the UK.

If you are in any doubt, please see a Welfare and International Adviser on arrival.

### Practical training while on a placement - 'sandwich programmes' or 'placements'

You do not need to apply for a work permit to engage in work which is part of your programme and you can do a placement or 'sandwich' year without applying for permission to work. Please note, however, that if you have a prohibition visa stamp on your passport you will have to apply to the Home Office to get this changed before you begin your placement.

### The Careers Centre

The Careers Centre in Student Support and Wellbeing offers help and advice on all aspects of part-time work, as well as displaying hundreds of vacancies.

Look out for further information at the EU and International Induction.

A portrait of a young man with short dark hair and light eyes, wearing a dark jacket over a blue and white striped shirt. He is leaning against a tree trunk on the left side of the frame. The background is a blurred city street at night with some lights.

# Mikhail Shebalkov

**COUNTRY:** RUSSIA

**COURSE:** BA (HONS) FINANCE AND  
INVESTMENT MANAGEMENT

“ Newcastle is a lively city and is also known for its social life. I like the size of the city; it’s not too big and crowded so it’s nice living here. And the people are very friendly. ”



## The cost of living

### Day-to-day expenses

Day-to-day living costs vary from one individual to another, but you should ensure that you are fully able to support yourself in the UK, which may be more expensive than your own country.

You should avoid trying to live too cheaply and you should not rely on part-time earnings as a source of income.

### What you should expect

A single student is likely to need around £700 per month for basic living expenses (e.g. rent, lighting, food and travel). Married students should allow around £830 per month for living expenses, with a further £130 per child per month if necessary.

Prices will vary according to where you shop and what your requirements are. These examples will help you to budget for your stay.

### Per year

Books and stationery	£240–£356
Clothes (in the first year)	£280–£310

### Daily expenses

Newspaper	25p–£1.00 each
Magazines	£1.00–£3.50 each
Paperback books	£5.00–£10.00 each
Cigarettes	£3.50–£8.00
Inexpensive restaurant meal	£6.50–£12.00
Meal on campus	£2.00–£6.50
Coffee	£1.50–£2.50
Tea	£1.50–£2.00
Soft drinks	£1.50
Spirits per measure	£2.00
Beer per pint	£2.00–£3.50
Glass of wine	£2.50–£4.00
Cinema ticket	£5.50–£8.50
Theatre ticket	£5.00–£50.00
Concert ticket	£5.00–£65.00

## Driving in the UK

In order to drive a car in the UK, you must ensure the following:

- That your car has an MOT (Ministry of Transport) certificate to prove that it is roadworthy.
- That you have adequate insurance cover (car insurance).
- That you have a current excise licence (road tax).
- That you have a valid driver's licence.



### Your driving licence

You may drive on your driver's licence from your own country for up to 12 months from the date you first entered the UK. During those 12 months you should obtain a provisional licence, sit a UK driving test and get a UK licence. Please note: there are variations to this rule for certain nationals. Please check with a Welfare and International Adviser at the EU and International Induction.

### Important points

- The wearing of seat belts is compulsory for all passengers and drivers.
- Driving under the influence of alcohol is strictly forbidden.
- If you require any more information about driving in the UK, look at the DVLA website listed under 'Important contacts' on page 28

## Budgeting

You can get advice on how to manage your money from the Welfare and International Support Team on your arrival. 'Education UK' also offer an online budget planner to help you to estimate how much money you will need for your stay in the UK. Please see 'Important contacts' on page 28 for how to access the budget planner.

## Saving money

You will get advice at the EU and International Induction on where to shop cheaply in Newcastle.

You can also benefit from a range of discounts by showing your Students' Union card. You will be able to get your Students' Union card when you arrive.

Please see page 32 for further details on the Students' Union.



## Currency

The unit of UK currency is the pound sterling. The Euro is not a unit of UK currency, but it may be accepted in certain, larger stores in the UK.

## Shopping in Newcastle

Newcastle has excellent shopping facilities, catering for all price ranges and needs.

Most large stores are open seven days a week. Normal opening hours are 09.00 – 19.00 Monday to Saturday (often later on Thursday) and 10.00 – 17.00 on Sunday.

A list of specialist shops catering for Halal, Kosher and other dietary requirements is available from Student Support and Wellbeing.

## Smoking in the UK

Smoking is prohibited in all public places including most parts of Northumbria University.

## TV licence

If you use a TV or any equipment which can receive a TV signal such as laptops and mobile phones, you need to buy a TV licence. Check [www.tv-l.co.uk](http://www.tv-l.co.uk) for details about where to pay.

If you are caught without a TV licence you could receive a very large fine.





# Things to remember

- Do register with a GP as soon as possible, do not wait until you become ill.
- Do make sure you have enough money to live on in the UK before you arrive.
- Do make sure you are aware of the regulations on part-time work before taking a job.
- Do not rely on part-time earnings for living expenses.
- Do make sure you attend International EU and Induction on 12 September 2013.



# Important contacts and information

**Healthcare in the UK under the NHS**  
[www.nhs.uk](http://www.nhs.uk)

**Meningitis**  
[www.meningitis-trust.org](http://www.meningitis-trust.org)

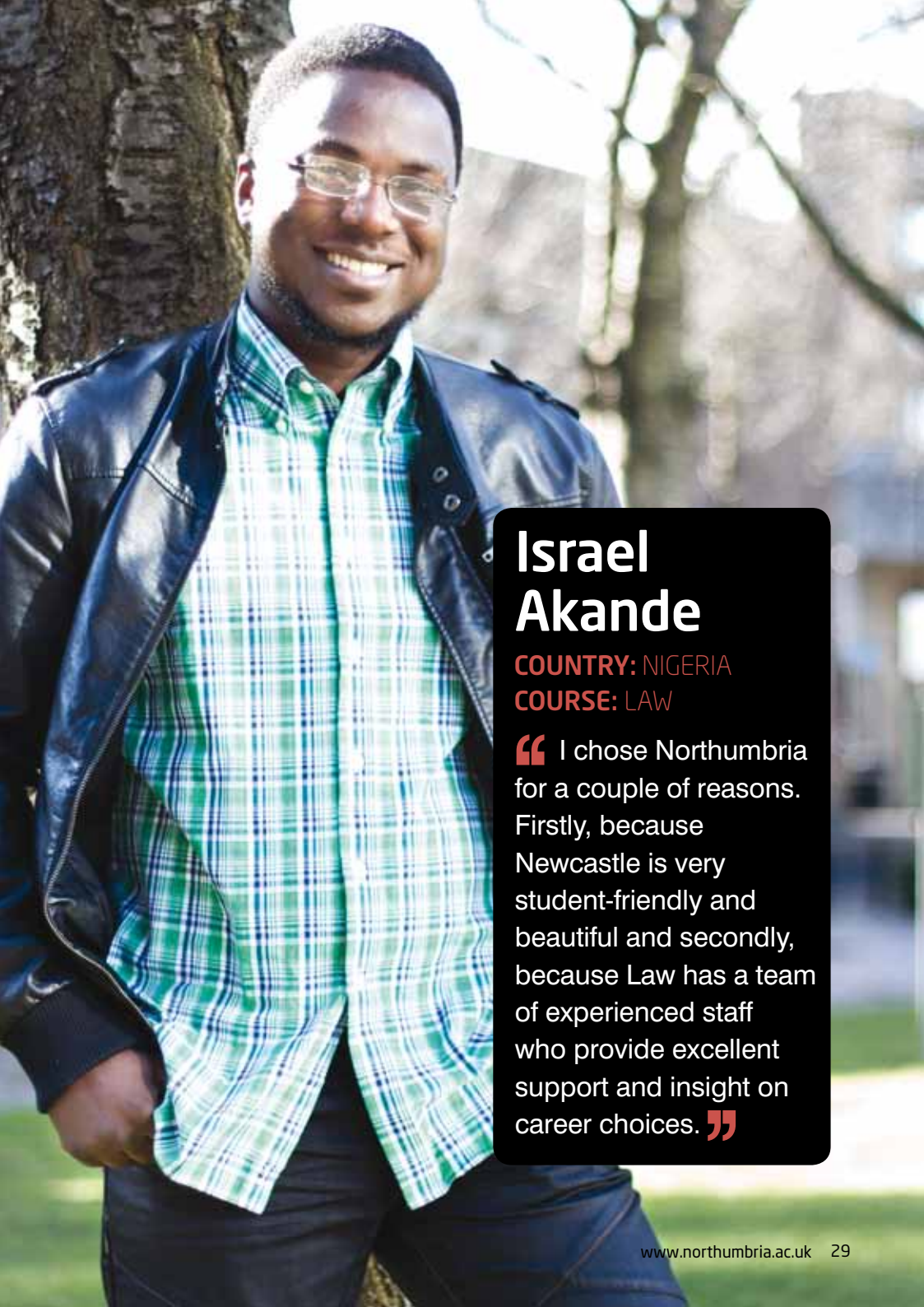
**Online budget planner**  
[www.educationuk.org](http://www.educationuk.org)

**Driving in the UK**  
[www.dvla.gov.uk](http://www.dvla.gov.uk)

**TV licences**  
[www.tv-l.co.uk](http://www.tv-l.co.uk)

**Information for international students**  
[www.ukcisa.org.uk](http://www.ukcisa.org.uk)





## Israel Akande

**COUNTRY:** NIGERIA

**COURSE:** LAW

“ I chose Northumbria for a couple of reasons. Firstly, because Newcastle is very student-friendly and beautiful and secondly, because Law has a team of experienced staff who provide excellent support and insight on career choices. ”

# At Northumbria

## Accommodation Office

You should book and confirm your accommodation before your arrival in Newcastle. The Accommodation Office can help you to do this. Please read the Your Accommodation section on page 8 carefully.

## Library

The main University Library is on the City Campus, but there is also a library at Coach Lane catering for the programmes based there. The libraries offer a wide range of services and you will be given a guide to these services at the International Induction.

## Student Support and Wellbeing

This is where you will find the Welfare and International Support Team. The advisers are available on a drop-in basis to offer advice and support on any issue.

Also within Student Support and Wellbeing you will find:

- Disability Support
- Counselling and Mental Health Support
- Careers Advice

You will find out more about these services at the EU and International Induction.

## Meknath Vidi

**COUNTRY:** INDIA

**COURSE:** MSC MECHANICAL  
ENGINEERING

“ Being a voracious reader, the most appealing aspect about Northumbria and studying in Newcastle is the libraries of both the University and the city. ”







## Sport Central

Northumbria University has invested millions of pounds into the student sport experience and we're proud to have some of the very best facilities and staff in the UK.

Sport Central, our flagship £30 million venue, is a unique home for sport, filled with state-of-the-art equipment and open at times to suit you.

You will get the chance to enjoy these sports facilities alongside world class athletes and professional teams, with support from our dedicated staff who deliver the highest quality service on a daily basis.



*Swimming pool*



*Fitness suite*

## The Students' Union

The Students' Union (SU) is here to make sure you have the best experience possible at University. We are run by students for students and we are one of the largest and most exciting award-winning unions in the country

The Students' Union building on City Campus has undergone a £7 million transformation. The building now boasts a striking glass-fronted entrance and welcome area, three award-winning bars and club venues and a newly refurbished performing arts and live music centre.

Every student registered at University has the right to join the SU free of charge and in doing so will receive a Students' Union card, offering many discounts in bars, restaurants, shops and attractions.

The SU is the centre of student social activity at Northumbria. Based in the heart of the City

Campus, the main SU building offers a variety of places to eat, as well as bars and shops. There is a schedule of regular live music events, as well as club nights with music ranging from 1970s to the latest dance music. Coach Lane Campus also has a Students' Union with regular club evenings.

The Students' Union is the base for a whole range of clubs and societies to suit many interests, from accounting to surfing!

To find out more about the many exciting opportunities available go to [www.mynsu.co.uk](http://www.mynsu.co.uk)

*Students' Union*



# Your free time

## Fast Friends

If you wish to explore the UK outside of Newcastle and make new friends from around the world, make sure you have a copy of the Fast Friends programme of events. We can take you to Edinburgh, York, Leeds and many more of the UK's exciting towns and cities at prices often lower than public transport. Fast Friends also organises unusual and fun activities such as ghost tours of Newcastle and festive events – come along to an event to discover more!

Look out for further information on Fast Friends at the EU and International Induction on 12 September.–

[www.northumbria.ac.uk/fastfriends](http://www.northumbria.ac.uk/fastfriends)

## Team Northumbria

If sport is your choice of leisure activity, you have come to the right place. From athletics to table tennis, Team Northumbria can help you to keep fit and active, have lots of fun and make new friends.

## Multifaith Chaplaincy

The Chaplaincy at Northumbria offers help and support to students of all faiths and beliefs.

The Chaplains offer information on places of worship near to the city and have strong links with societies of many faiths. Their regular trips around the region prove extremely popular with students.



## Saran Mutang Tagal

**COUNTRY:** MALAYSIA

**COURSE:** BAR PROFESSIONAL TRAINING COURSE (BPTC)

“ I chose Northumbria because of the £200 million state-of-the-art campus redevelopment. I was attracted to Law’s updated image as it showed their dedication in keeping ahead of the times.”

# Newcastle

Congratulations! You have chosen to come to one of the liveliest cities in the UK, where the leisure opportunities are endless! Newcastle boasts countless bars, restaurants and coffee shops to suit all tastes and budgets.

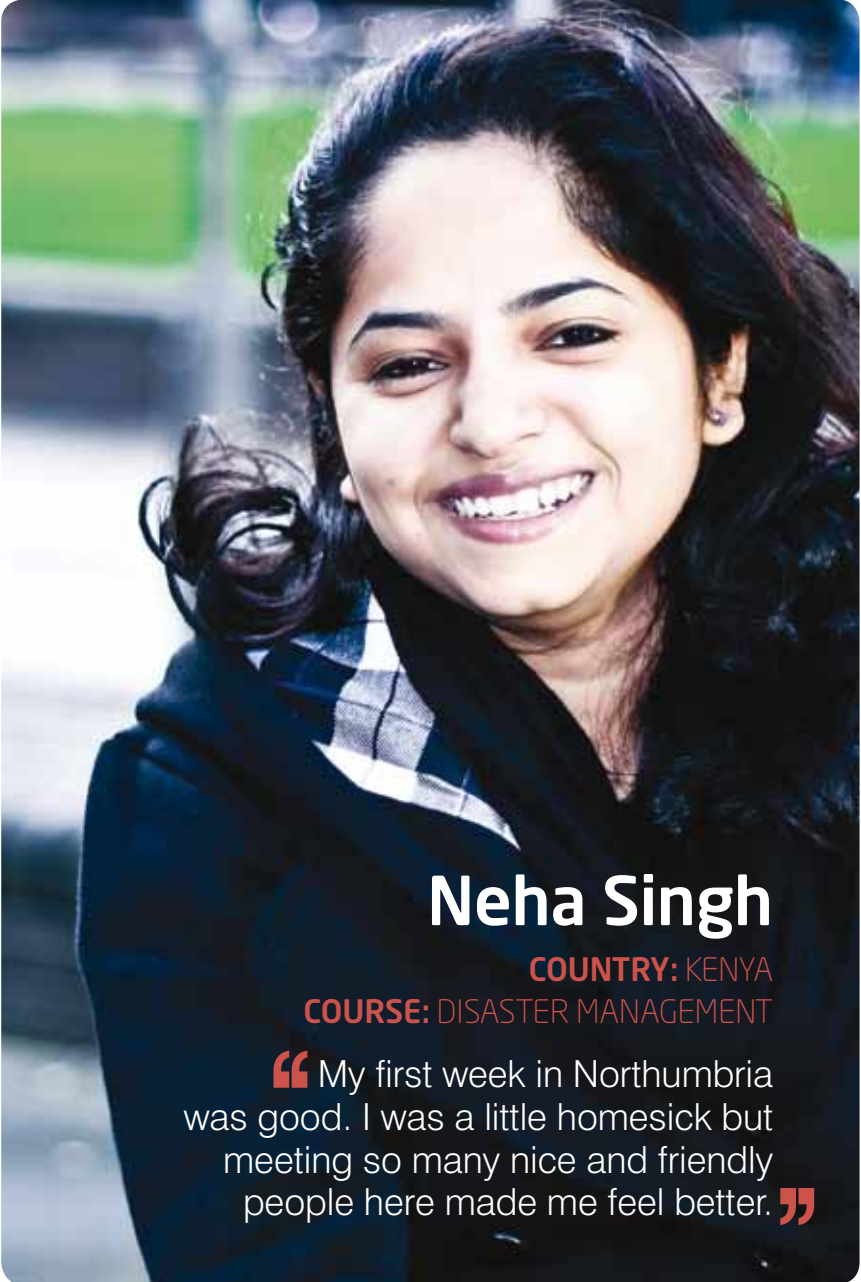
There is a vibrant and constantly changing cultural scene, with museums, theatres, and cinemas galore. Newcastle takes its art and music very seriously. Across the river in Gateshead, the BALTIC Centre for Contemporary Art is nationally acclaimed, whilst The Sage Gateshead, with its breathtaking design, houses the Northern Sinfonia and hosts all kinds of live music performances.

Sport is very much at the heart of North East culture. St James' Park, the home of Newcastle United FC, is a five-minute walk from the city centre. Newcastle is also the home of Newcastle Falcons rugby team and the annual Great North Run – the biggest half marathon in the world!



*The Great North Run*





## Neha Singh

**COUNTRY:** KENYA

**COURSE:** DISASTER MANAGEMENT

“ My first week in Northumbria was good. I was a little homesick but meeting so many nice and friendly people here made me feel better. ”

# Explore the UK

Newcastle borders some of the most beautiful, remote and historical countryside in the UK.

To the west and north of the city lies the huge and diverse county of Northumberland, with its stunning beaches and wealth of history.

Conquered in part by the Romans, Vikings and Normans in turn, Northumberland boasts the world-famous Hadrian's Wall, built in Roman times to secure the borders of the Roman Empire. Northumbria's castles are numerous and breathtaking. Alnwick Castle, with its famous walled garden, has been featured in several major movies and can also claim to be the base for Harry Potter's Hogwarts School!

Newcastle is a 15-minute train journey from Durham, a beautiful city famed for its impressive 900-year-old Cathedral. The must-see cities of Edinburgh and York are also within easy reach by direct train from Newcastle. Look out for organised trips throughout the year with Fast Friends and the Multifaith Chaplaincy.



## Things to remember

- Leisure time is important. Get out and about. Join a club or society. Make new friends!
- Don't forget to find out about discounts available to you as a student on travel and leisure.

# Travel in the UK



## Tyne and Wear

The Tyne and Wear Metro system offers fast and efficient travel around Tyne and Wear. Buses link up many areas not served by the Metro. Regional buses can take you as far afield as the Scottish Borders relatively cheaply, whilst direct trains link Newcastle to Manchester, Leeds, York, Edinburgh and London.

The UK also has a national coach service, National Express, which serves most major cities. Discounted travel on many services is normally available to students on production of student ID.



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## Important contacts and information

### **Newcastle City Council**

[www.newcastle.gov.uk](http://www.newcastle.gov.uk)

### **Northumbria Students' Union**

[www.mynsu.co.uk](http://www.mynsu.co.uk)

### **Northumberland visitor guide**

[www.northumberland.gov.uk/vg/](http://www.northumberland.gov.uk/vg/)

### **Team Northumbria**

[www.sportnorthumbria.com](http://www.sportnorthumbria.com)

### **Transport in Tyne and Wear**

[www.tyneandwearmetro.co.uk/](http://www.tyneandwearmetro.co.uk/)

### **Trains in the UK**

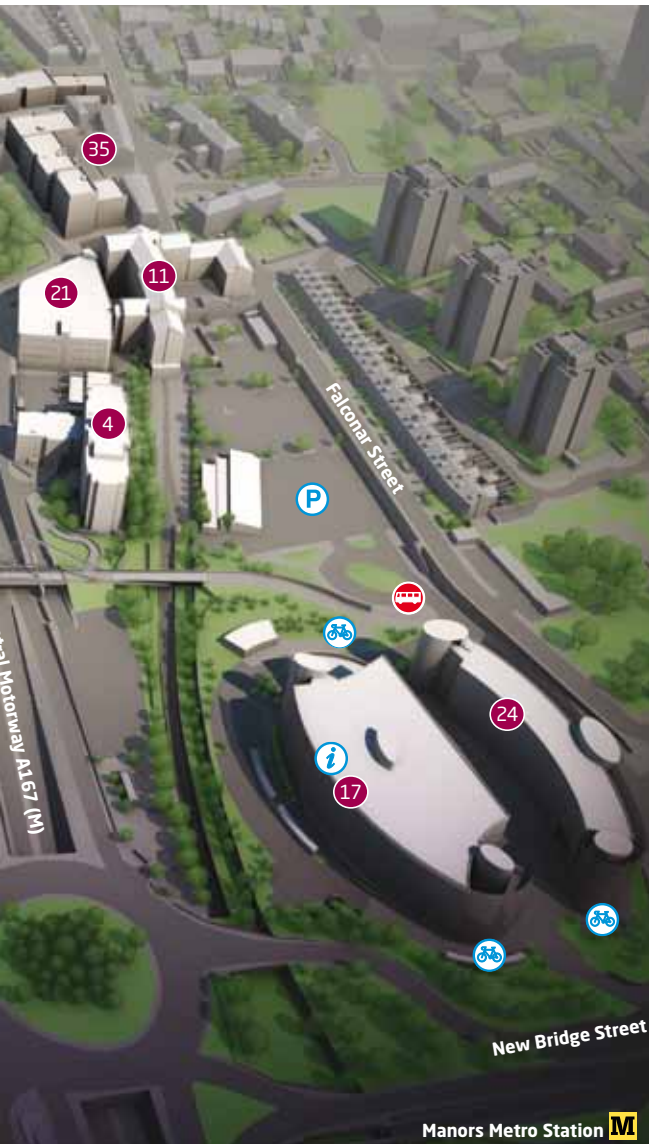
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)







# City Campus

-  Reception/Information Centre
-  Parking
-  Cycle Parking
-  Bus Stop (Free Bus)
-  Public Bus





## key



- 1 21 & 22 Ellison Place
- 2 Campus Services
- 3 Burt Hall
- 4 Camden Court
- 5 Clapham House
- 6 Claude Gibb Hall
- 7 Drill Hall
- 8 Ellison Building 
- 9 Ellison Terrace
- 10 Former Sports Facility
- 11 Glenamara House
- 12 Hadrian House
- 13 Health Centre
- 14 Library 
- 15 Lipman Building
- 16 Lovaine Halls and Flats
- 17 Business and Law Building 
- 18 Newcastle Unitarian Church (Durant and Turner Halls)
- 19 Nixon Hall
- 20 Northumberland Building
- 21 Pandon Building
- 22 Rutherford Hall
- 23 St James' Church
- 24 Design Building
- 25 Sport Central
- 26 Squires Annexe
- 27 Squires Building
- 28 Squires Workshops
- 29 Student Support and Wellbeing Centre
- 30 Students' Union
- 31 Sutherland Building 
- 32 Sutherland House (Security)
- 33 Trinity Building
- 34 University Gallery and Baring Wing
- 35 Victoria Hall
- 36 Wynne-Jones Centre
- 37 Mea House



# Coach Lane

## key

-  Reception/Information Centre
-  Parking
-  Cycle Parking
-  Bus Stop (Free Bus)
-  Public Bus

- |                          |   |   |
|--------------------------|---|---|
| 1 A Block                | 10 Elsdon Hall  | 17 Lindsfarne Hall  |
| 2 B Block                | 11 Finchale Hall  | 18 Main Reception  |
| 3 Berwick Hall           | 12 G Block  | 19 Manor House  |
| 4 C Block                | 13 H Block  | 20 Mitford Hall   |
| 5 Cheviot Hall           | 14 Hadrian Hall   | 21 Monkchester Hall   |
| 6 Clinical Skills Centre | 15 Kielder Hall   | 22 Rothbury Hall  |
| 7 D Block                | 16 Library (F Block)  | 23 Sports Hall  |
| 8 Dunelm Hall            | Ask4Help (including Student Support and Wellbeing and Careers and Employment Service)         | 24 Sports Pitches   |
| 9 E Block                |   | 25 Students' Union  |

Coach Lane Campus is located three miles north east of Newcastle city centre. If you are travelling by car from the city centre (City Campus) follow the A167(M) north before turning right onto the A1058 (Jesmond Road). After around one mile, turn left at the roundabout along the A188 (Benton Road) and turn right at the next roundabout along Etherstone Avenue. Follow this road until you come to a junction, turn left and you will shortly come to the campus on Coach Lane.



## **European Union**

Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Republic of Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Poland, Portugal, Romania, Slovakia, Slovenia, Spain, Sweden and the United Kingdom.

## **European Economic Area**

Iceland, Liechtenstein and Norway.

## **Commonwealth Countries**

Antigua and Barbuda, Australia, Bahamas, Bangladesh, Barbados, Belize, Botswana, Brunei, Cameroon, Canada, Cyprus, Dominica, Gambia, \*Ghana, Grenada, Guyana, India, Jamaica, Kenya, Kiribati, Lesotho, Malawi, Malaysia, Maldives, Malta, Mauritius, Mozambique, Namibia, Nauru, New Zealand, Nigeria, Papua New Guinea, Pakistan, St Kitts and Nevis, St Lucia, St Vincent and the Grenadines, Seychelles, Sierra Leone, Singapore, Solomon Islands, South Africa, Sri Lanka, Swaziland, Tanzania, Tonga, Trinidad and Tobago, Tuvalu, Uganda, Vanuatu, Western Samoa, Zambia and Zimbabwe.

## **Visa National Countries**

Afghanistan, Albania, Algeria, Angola, Armenia, Azerbaijan, Bahrain, Bangladesh, Belarus, Benin, Bhutan, Bosnia-Herzegovina, Burkina, Burma, Burundi, Cambodia, Cameroon, Cape Verde, Central African Republic, Chad, China, Columbia, Comoros, Congo, Croatia, Cuba, Democratic Republic of the Congo (Zaire), Djibouti, Dominican Republic, Ecuador, Egypt, Equatorial Guinea, Eritrea, Ethiopia, Fiji, Gabon, Gambia, Georgia, Ghana, Guinea, Guinea Bissau, Guyana, Haiti, India, Indonesia, Iran, Iraq, Ivory Coast, Jamaica, Jordan, Kazakhstan, Kenya, Kirgizstan, Korea (North), Kuwait, Laos, Lebanon, Liberia, Libya, Macedonia, Madagascar, Maldives, Mali, Mauritania, Mauritius, Moldova, Mongolia, Morocco, Mozambique, Nepal, Niger, Nigeria, Oman, Pakistan, Papua New Guinea, Peru, Philippines, Qatar, Russia, Rwanda, Sao Tome, and Principe, Saudi Arabia, Senegal, Sierra Leone, Somalia, Sri Lanka, Sudan, Surinam, Syria, Taiwan, Tajikistan, Tanzania, Thailand, Togo, Tunisia, Turkey, Turkmenistan, Uganda, Ukraine, United Arab Emirates, Uzbekistan, Vietnam, Yemen, Zaire, Zambia, Zimbabwe, the territories formerly comprising the socialist Federal Republic of Yugoslavia, except Slovenia, those holding passports or travel documents issued by the former Soviet Union.



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