



Carl von Ossietzky
Universität
Oldenburg

OLTECH - Mentoring programme for young researchers

in cooperation with

**Equal opportunity office for School V -
School of Mathematics and Science,
School VI – School of Medicine and
Health Sciences**

and collaborating research training
groups (SFBs)

10/2021 – 10/2022



OLTECH
GRADUATE SCHOOL
SCIENCE, MEDICINE AND TECHNOLOGY

You can join the programme, if you are:

- a PhD student
- enrolled in the Graduate School Science, Medicine and Technology – **OLTECH**
- member of the **School V** – School of Mathematics and Science or member of a SFB or other coordinated programme, or of Department of Computing Science (DfI)
- member of the **School VI** – School of Medicine and Health Sciences
- a disadvantaged or discriminated scientist due to your gender and or other conditions

➤ Maximum of 12 participants

➤ Language: English

OLTECH - Mentoring programme for young researchers

Dr. Ferdinand Esser — Graduate School Science, Medicine and Technology - OLTECH



What is a mentoring?



- An older and experienced “**mentor**” shares knowledge with you and supports you in finding your personal career
- The mentor is like a wise person, who you can ask all about the profession and career you like to reach
- One-to-one mentoring is usually complemented by a supporting programme that prepares you as a “**mentee**” for their role and offers opportunities for networking and reflecting on the mentoring process.
- Mentoring is a non-hierarchical partnership and does not involve authority to issue instructions.
- The duration of a mentoring partnership is limited. Regular contact is maintained throughout the mentoring period.
- In addition, training workshops or lectures are usually offered that are specifically tailored to the needs of the mentees.

Concept and Goal of our Mentoring



Young researchers:

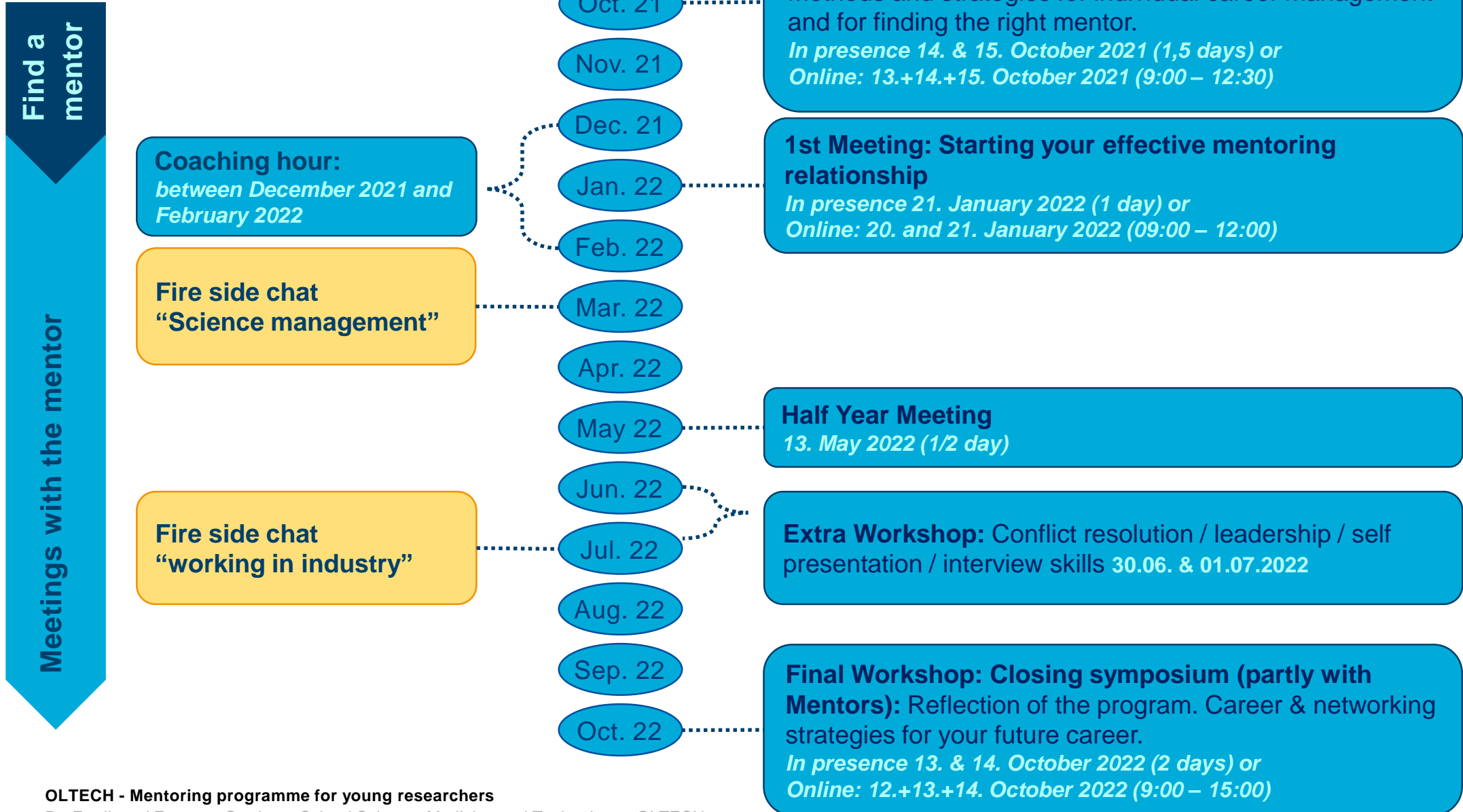
- Actively addressing their career options
- Learning methods for career development
- Building a network and improve networking strategies

This will be done through:

- Career phase-specific trainings e.g. workshops & lectures
- Offering a frame for a fruitful mentoring partnership

<https://uol.de/en/oltech/courses-events/mentoring>

Program overview



Mentoring – time and effort



➤ **Mentor-Mentee relationship:**

- Support finding a mentor
 - Monthly meetings with the mentor (~ 2 hours)
 - Two group Workshops (1,5 - 2 days)
 - Two day (or half day) Meetings
- 5 days workshops within a year on career management, communication and more
- Optional:
- Further thematically **workshops**
 - Two evening **talks** (Fire side chats, 2 hours)
 - Individual **coaching** (1 hour)

➤ **... and even 6 Credit points**

Application

- **Motivation letter** and **Application form** for mentees
- Sent the application to the coordinator of the OLTECH graduate school: **Dr. Ferdinand Esser:**
oltech@uol.de
- <https://uol.de/en/oltech/courses-events/mentoring>
- **Deadline: 15. September 2021**
- Join the **info event** to the OLTECH - Mentoring programme for young researchers: **09.09.2021 at 15:00**
- Online meeting: <https://meeting.uol.de/b/fer-6iq-0xn-xuy>



Coordinators:

Dr. Ferdinand Esser

Graduate School Science, Medicine and Technology (OLTECH)

E-Mail: oltech@uni-oldenburg.de

<https://uol.de/en/oltech>

Equal opportunity office for faculty 5:

Dr. Beate Grünberg

E-Mail: beate.gruenberg@uol.de

Obligatory participation:

- ***Once you have accepted the mentoring programme, participation is obligatory.***
- ***Active participation is expected.***
- ***Cancellation is only possible with a valid (medical) reason. In the event of non-participation without a reason, expenses must be paid.***



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Graduate School Science, Medicine and Technology (OLTECH)

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**Equal opportunity office for
faculty 5:**

Dr. Beate Grünberg

E-Mail: beate.gruenberg@uol.de

Programme instructor

Britta Naumann

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Mentoring Program in a nutshell



Target group: Doctoral candidates from their 2nd year of PhD, member of Graduate School Science, Medicine and Technology – OLTECH, Members of the FK V or member of a SFB or other coordinated programme

Mentor: Are approached by the mentee and can come from companies, public authorities, industry, consulting institutions, universities, etc.

Duration: 12 month (10/2021 to 10/2022)

Number of participants 12 Mentees

Start October 2021

Fee: Participation is free of charge

Language: English

The mentoring program is opened by patron **Prof. Dr.-Ing. Astrid Nieße**, Deputy Director of OLTECH from Faculty II-Department of Informatics.